



# **Honiton Running Club**

# **Junior Section Welcome**

# **Pack**

**Chairman's introductory letter**

**Code of Practice for Junior Members**

**Code of Practice for Parents/Carers**

**Equity Policy Statement**

**Code of Practice for the Use of Photographs**



# Honiton Running Club Juniors

Dear PARENT/CARER

On behalf of HONITON RUNNING CLUB I would like to welcome your child to the club and provide you with some information about our activities. The club provides opportunities for young people between the ages of 10 and 16 to receive coaching and competition in running. All coaching is by qualified coaches who are trained and have been screened for their suitability for working with young people.

Our club website ([www.honitonrc.com](http://www.honitonrc.com)) gives contact information for adult club officials and the contacts page of the Junior Site gives contacts specific to the Junior Club. Please feel free to contact us at any time.

I hope that our relationship will be long and productive for you and your child.

The club officials have produced this introduction and Welcome Pack which gives comprehensive guidelines on club policy with respect to our relationship with you and your child. Please take a little time to read through the guidelines and if there are any areas that need clarifying do not hesitate to ask one of the coaches or club officials.

The club has achieved the UK Athletics "Clubs Future" award demonstrating an efficient and effective club management structure with due regard being offered to all participants within that structure. Honiton Running Club is also an accredited Sport England Clubmark Club, which is awarded when a club is able to demonstrate that it meets the England Athletics criteria in areas such as safeguarding and protecting children; sports equity and ethics and club management. Clubs Future & Clubmark are acknowledgments that we take these issues seriously and that we are striving to provide a high quality and welcoming environment for young participants in the sport. Our club welfare officers are responsible for ensuring that our child protection policy is implemented and can be contacted should you have any concerns.

We welcome parents to all training and competitions and value your support. Below is some information about training times and dates, and details regarding travel arrangements, kit and club registration.

Travel arrangements should be made to take your child to and from training sessions. We appreciate it if children can arrive promptly and are collected promptly at the end of the session. If you are going to be late picking your child up, please contact the LEAD COACH.

Club Training Kit consists of a suitable T-shirt top, shorts or tracksuit bottoms, and trainers. A tracksuit or other outer garment is also useful to keep warm at the beginning and end of sessions. Wet weather protection should be worn if it is raining. If a junior is going to continue in the club we recommend buying proper running shoes. A bottle of water is a good idea particularly in hot weather.



# Honiton Running Club **Juniors**

The juniors club runs every Tuesday evening (term time only) from Honiton Community College. We aim to be running by 6:30pm so would ask the Juniors to arrive by 6:15pm so that it gives us time to sign in.

There is an annual cost of £36 for the year which is due the first term after the summer holidays. This can be paid by BACS, cheque or cash. The fee will be reduced should you join in a 2<sup>nd</sup> or 3<sup>rd</sup> term during the year.

We would be grateful if you could complete the Junior Club Membership form. For the safety of your child it is important that the club is informed of any medical condition or allergies that may be relevant, should your child fall ill or be involved in an accident while at the club.

If you would like to talk to someone at the club about this information or your child's involvement with the club, please contact the Juniors' Lead Coach.

As with any relationship there are codes of practice, which must be observed in order for us to meet legal and moral obligations, and to ensure the health and safety of all involved. So you will see below, codes of practice for Junior members and parents/carers. By signing the application form you and the junior are also signing up to the codes of practice.

We thank you for your cooperation and look forward to meeting you at some point in the future.

Yours sincerely

**Paula**

Paula Ferris  
**Chairman Honiton Running Club**

## **Contact information:**

**Lead Junior Coach:** Simon Spiller

**Email:** [hrcjuniors@googlemail.com](mailto:hrcjuniors@googlemail.com)

**Welfare Officers:** Pip Vanham and Mark Dallyn (contact through above email)



# Honiton Running Club **Juniors**

## Code of practice for junior members

HONITON RUNNING CLUB is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding of the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with the Head Junior Coach or other official at the club.

As a member of HONITON RUNNING CLUB, you are expected to abide by the following junior code of practice;

- All members must play within the rules and respect coaches, helpers and their decisions.
- All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background or religious beliefs or sexual identity.
- Members should keep to agreed timings for training and competitions or inform their coach if they are going to be late.
- Members must wear suitable kit – see separate list – for training and match sessions, as agreed with the coaches.
- Members must pay any fees for training or events promptly.
- Junior members are not permitted to smoke at the club or whilst representing the club competitions.
- Junior members are not allowed to consume alcohol or drugs of any kind at the club or whilst representing the club. The consumption of drugs by any athlete can lead to being banned from the sport.
- Junior members whose behaviour is unacceptable will be warned and parents/carers will be informed. Persistent poor behaviour will lead to loss of membership.



# Honiton Running Club **Juniors**

## Code of practice for parents/carers

- Encourage your child to learn the rules and play within them.
- Discourage unfair play and arguing with officials and leaders.
- Help your child to recognize good performance, not just results.
- Never force your child to take part in sport.
- Set a good example by recognising fair play and applauding good performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Support your child's involvement and help them to enjoy their sport.
- Encourage and guide performers to accept responsibility for their own performance and behaviour.
- Ensure that your child is properly equipped for activities.
- Use correct and proper language at all times.
- Publicly accept officials' and leaders' judgments and do not enter into arguments in public.
- In the event of any problems that cannot be resolved by talking with club coaches please contact the club chairman.



# Honiton Running Club **Juniors**

## Equity Policy Statement

- The club is committed to ensuring that equity is incorporated across all aspects of its development. In doing so it acknowledges and adopts the following Sport England definition of sports equity:
- Sports equity is about fairness in sport, equality of access, recognizing inequalities and taking steps to address them. It is about changing the culture and structure of sport to ensure it becomes equally accessible to everyone in society.
- The club respects the rights, dignity and worth of every person and will treat everyone equally within the context of their sport, regardless of age, ability, gender, race, ethnicity, religious beliefs, sexuality or social/economic status.
- The club is committed to everyone having the right to enjoy their sport in an environment free from threat of intimidation, harassment and abuse.
- All club members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity.
- The club will deal with any incidence of discriminatory behaviour seriously, according to club disciplinary procedures.

## Code of practice for the use of photographs

Honiton Running Club is committed to providing a safe environment for junior members. Part of this pledge is to protect them from the inappropriate use of photographic images. Photographs may be taken of juniors at running events and may be published in local newspapers or appear on the club website. Whilst it is nice to have a photographic record of members in action, we undertake to ensure that if a photograph is published on the website no name, other than first name, address or any other personal detail will be given. Newspaper photos showing individual achievement will usually have the name of the junior included.

Before any photographs are published, we need the parent's consent and there is space on the membership form to indicate your wishes.